The Listening Resource Sheet

Books

Madelyn Burly-Allen. Listening: The Forgotten Skill.

Bernard T. Ferrari. Power Listening: Mastering the Most Critical Business Skill of All.

Mark Goulston. Just Listen: Discover the Secret to Getting Through to Absolutely Anyone.

Bento C. Leal III. 4 Essential Keys to Effective Communication in Love, Life, Work—Anywhere.

Nixaly Leonardo. Active Listening Techniques: 30 Practical Tools to Hone your Communication Skils.

Kate Murphy. You're Not Listening: What You're Missing and Why it Matters.

Michael P. Nichols. The Lost Art of Listening: How Learning to Listen can Improve Relationships.

David Rakel. The Compassionate Connection: The Healing Power of Empathy and Mindful Listening.

Michael S. Sorensen I Hear You: The Surprising Simple Skill Behind Extraordinary Relationships

Julian Treasure How to be Heard: Secrets for Powerful Speaking and Listening.

And his TED Talk: https://www.ted.com/talks/julian treasure-5 ways to listen better?language=en

And his blogs: https://www.juliantreasure.com/blog-category/listening

Video

Active listening 1.28 animated. https://www.youtube.com/watch?v=rzsVh8YwZEQ

Active listening skills 6:14 Alex Lyon Short lecture. Active and passive listening. https://www.youtube.com/watch?v=7wUCyjiyXdg

The power of listening William Ury. Cofounder of Harvard's Program on Negotiation. TEDxSan Diego. 15:40 https://www.youtube.com/watch?v=saXfavo10Qo

The Art of Listening Simon Sinek 5:12 https://www.youtube.com/watch?v=gpnNsSyDw-g

How to listen like a therapist. Therapist Dr. Ali Mattu 15:50 4 skills https://www.youtube.com/watch?v=UVN96JhDOmg